

Can lower back pain be helped with a non-surgical treatment?

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Tuesday, 09 March 2010
Last Updated Tuesday, 09 March 2010

If you are like most people you have suffered from lower back pain at least once in your life, if you are reading this it may have become chronic. The truth is most of the options available today don't really address the cause. That is not true with spinal decompression this treatment works by actually healing the disc and getting the the true cause of the problem.

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